


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>MB</b> -Meadowbrook <b>GH</b>- Greenhouse <b>HL</b>- Huegy Lounge <b>AC</b>- Activity Center</p>	<p>10:30am-Movin' &amp; Groovin' (GH) <b>1</b> 11:15a- Rena's workout (MB) 1p-3:15p- Glen's travels &amp; Fun (MB) 1:30p-New Year's canvas art (GH) 2:30p-Wine cork snowman craft (GH) 3:30p- I reminisce, back in the day (GH) 4:00p- Word fun w/ Glen (MB) 4:30p-Short audiobook (GH)</p> <p style="text-align: center;"><small>New Year's Day</small></p>	<p><b>10:30am-Dada Veda: Singing folk songs (GH) 2</b> 10:30-New Year's party hats (MB) 1:30p- Tuesday tunes w/ instruments 2:30p- New Year's resolutions 3:30p-Recycled art workshop 4:30p-Soothing scents</p>	<p><b>10:30am-Spanish w/ Maria (MB) 3</b> 10:30am- Name that tune (GH) 11:15p-Rena's workout (MB) 1:30p- Mani's w/ Maria (MB) 1:30p- Button cardinal craft (GH) 2:30p-Meaningful moments (1:1 visits) 3:30p- Hydration &amp; snack 4:00p-Twin City Bible Study (MB) 4:30p-Board games &amp; puzzles</p>	<p><b>10:30am- Kay's Band: Everything but the kitchen sink (MB) 4</b> 10:30a-Trivia 1:30p-Snowball pong 2:30p- Hand massages w/ Tammy (GH) 3:30p- 50's, 60's, 70's sing along 4:30p-Tea Time!</p>	<p><b>10:30am- Independent activities (GH) 5</b> 10:30am- Watercolor Creations followed by exercise (MB) 1:30p- Music &amp; Movement w/ Rena (GH) 2:00p- St. Pats bible study (MB) 2:30p- Painted Bubbles art (GH) 3:30p- I reminisce, back in the day (MB) 3-4:30p-Downtime Binders (GH)</p>	<p>10:30a- Sittercise (MB) <b>6</b> 1:30p-Daily Chronicles (MB) 2:30p- Price Is Right! (GH) 3:30p- Balloon volleyball (MB) 4:30p-Remote control car racing (GH)</p>	
<p>1:30p-Daily Chronicles/ Sunday Hymns (GH) <b>7</b> 2:30p- Guess that taste! (MB) 3:30p-Remote control car racing (MB) 4:30p-Bean Bag Toss (GH)</p>	<p>10:30am-Chair exercises (GH) <b>8</b> 11:15a- Rena's workout (MB) 1p-3:15p- Glen's travels &amp; Fun (MB) 1:30p-Elvis's Graceland Tour (GH) 2:00p- Sing-along w/Kristy (GH) 2:30p-Peanut Butter, bacon &amp; banana sandwiches in honor of <b>Elvis Presley's birthday (GH)</b> 3:30p-Elvis Presley Milkshakes (GH) 4:00p- Word fun w/ Glen (MB)</p>	<p><b>10:30am- Build a snowman dice game 9</b> 1:30p- Independent activities (GH) 1:30p-Winter sensory bottles (MB) 2:00pm-Therapy Dog visit (MB) 2:30p-Snowy mason jars 3:30p-Movie Matinee</p>	<p><b>10:30am-Melted snowman wood slice craft 10</b> 11:15p-Rena's workout (MB) 1:30p- Mani's w/ Maria (MB) 1:30p-Snowflake suncatchers 2:30p-Baking Club 3:30p-Cranium Crunches 4:00p-Twin City Bible Study (MB) <b>4:30p-Happy Hour</b></p>	<p><b>10:30am- Kay's Band: Everything but the kitchen sink (MB) 11</b> 10:30a-Morning stretches (GH) 1:30p- Independent activities (MB) 1:30p-Jeopardy! 2:30p-Polar Express Hot Chocolate 2:30p- Hand massages w/ Tammy (GH) 3:30p-Jig saw puzzles <b>4:30p-Specialty Martini Happy Hour RE event (HL)</b></p>	<p><b>10:30am- Independent activities (GH) 12</b> 10:30am- Short audiobook followed by exercise (MB) 1:30p- Music &amp; Movement w/ Rena (GH) 2:00p- St. Pats bible study (MB) 2:30p- Winter sensory bottles (GH) <b>3:30p- National Rubber Duck Day Celebration RE event (CLV pool)</b> 3-4:30p-Downtime Binders</p>	<p>10:30a-Move to the beat (GH) <b>13</b> 1:30p-Daily Chronicles (MB) 2:30p- Free hand painting (GH) 3:30p-Parachute ball (GH) 4:30p- Name that tune (MB)</p>	
<p>1:30p-Daily Chronicles/Sunday Hymns (GH) <b>14</b> 2:30p- Price Is Right! (MB) 3:30p- Parachute ball (MB) 4:30p- Chess &amp; Checkers (GH)</p>	<p><b>10:30am-Birds of peace craft (GH) 15</b> 11:15a- Rena's workout (MB) 1:30p-Mason jar ice cream (GH) 1p-3:15p- Glen's travels &amp; Fun (MB) 2:00p- Sing-along w/Kristy (GH) 3:15p- Glen's travels (MB) 3:30p-Watercolor creations (GH) 4:00p- Word fun w/ Glen (MB) 4:30p-Sensory Fun (GH)</p> <p style="text-align: center;"><small>Martin Luther King Jr. Day</small></p>	<p><b>10:30am- Winter Wonderland group coloring poster 16</b> 1:30p-Mason jar ice cream (MB) 1:30p- Independent activities (GH) 2:30p-Therapy dog visit (GH) <b>3:00p- Dada Veda: Meditation music (MB)</b> 3:30p-Creating passports for travel club 4:30p-Armchair travel club</p>	<p><b>10:30am-Spanish w/ Maria (GH) 17</b> 10:30am-New Year's canvas art (MB) 11:15p-Rena's workout (MB) 1:30p- Mani's w/ Maria (GH) 1:30p-Sensory snow making (MB) 2:30p-Meaningful moments (1:1 visits) 3:30p-Adorable snowman canvas 4:00p-Twin City Bible Study (MB) 4:30p- Board games &amp; puzzles</p>	<p><b>10:30am- Kay's Band: Everything but the kitchen sink (MB) 18</b> 10:30a-No- sew snowman sock craft 1:30p- Independent activities (MB) 1:30p-Sensory snow making (GH) <b>2:15p- Mapping w/ Randy (MB)</b> 2:30p- Hand massages w/ Tammy (GH) 3:30p-Creating peppermint bowls 4:30p-Tea Time!</p>	<p><b>10:30am- Independent activities (GH) 19</b> 10:30am- Watercolor Creations followed by exercise (MB) 1:30p- Music &amp; Movement w/ Rena (GH) 2:00p- St. Pats bible study (MB) <b>2:30p- National Popcorn Day Social RE event (HL)</b> 3-4:30p-Downtime Binders</p>	<p>10:30a- Move to the beat (MB) <b>20</b> 1:30p- Daily Chronicles (MB) 2:30p-Creating door wreaths (GH) 3:30p-Birds of peace craft (MB) 4:30p- Bowling (GH)</p>	
<p>1:30p-Daily Chronicles/ Sunday Hymns (GH) <b>21</b> 2:30p- Free hand painting (MB) 3:30p- Bowling (MB) 4:30p- Sensory Kinetic sand (GH)</p> <p style="text-align: center;"><small>Activity Professionals Week</small></p>	<p><b>10:30am-Chair Exercises (GH) 22</b> 11:15a- Rena's workout (MB) 1p-3:15p- Glen's travels &amp; Fun (MB) 1:30p-Table ice hockey (GH) 2:00p- Sing-along w/Kristy (GH) 3:30p-Activity stations (GH) 4:00p- Word fun w/ Glen (MB) 4:30p-Short audiobook (GH)</p>	<p><b>10:30am- Winter science snowflake crystals 23</b> 1:30p- Table ice hockey (MB) 1:30p-Independent activities (GH) <b>2:30p-Family &amp; Friends Pie Social</b> 3:30p-Movie Matinee</p> <p style="text-align: center;"><b>NATIONAL PIE DAY!</b></p>	<p><b>10:30am-Church service &amp; songs w/ Jon Norris (GH) 24</b> 11:15p-Rena's workout (MB) 1:30p- Mani's w/ Maria (GH) 1:30p- Pine cone bird feeders (MB) 2:30p-Baking Club 3:30p- Hydration &amp; snack 4:00p-Twin City Bible Study (MB) <b>4:30p-Happy Hour</b></p> <p style="text-align: center;"><small>Tu B'Shevat Begins</small></p>	<p><b>10:30am-Kay's Band: Everything but the kitchen sink (MB) 25</b> 10:30a-Morning stretches (GH) 1:30p-Pine cone bird feeders (GH) 1:30p- Independent activities (MB) 2:30p-Ice cream cart social 3:30p-Jig saw puzzles 4:30p- Musical Reminiscing</p>	<p><b>10:30am- Independent activities (GH) 26</b> 10:30am- Short audiobook followed by exercise (MB) 1:30p- Music &amp; Movement w/ Rena (GH) 2:00p- St. Pats bible study (MB) <b>2:30p- New Resident Social RE event (HL)</b> 3:30- Wine cork snowman craft (MB) 3-4:30p-Downtime Binders</p> <p style="text-align: center;"><small>Australia Day (Observed)</small></p>	<p>10:30a- Sittercise (GH) <b>27</b> 1:30p- Daily Chronicles (MB) 2:30p-Cardio Drumming (GH) 3:30p-Guess that taste (GH) 4:30p-Painted Bubbles art (MB)</p>	
<p>1:30p-Daily Chronicles/ Sunday Hymns (GH) <b>28</b> 2:30p-Creating door wreaths (MB) 3:30p-Cardio Drumming (MB) 4:30p- Paint w/ objects (GH)</p>	<p><b>10:30am-Snowman art (GH) 29</b> 11:15a- Rena's workout (MB) 1p-3:15p- Glen's travels &amp; Fun (MB) 1:30p-Hot chocolate bombs (GH) 2:00p- Sing-along w/Kristy (GH) 3:30p- Watercolor creations (GH) 4:00p- Word fun w/ Glen (MB) 4:30p-Sensory fun (GH)</p>	<p><b>10:30am-Kay's Band: Everything but the kitchen sink (GH) 30</b> 1:30p-Hot chocolate bombs (MB) 1:30p- Independent activities (GH) 2:30p-Winter Terrariums 3:30p-Junk Drawer Detective 4:30p-Armchair travel club</p>	<p><b>10:30am-Wax paper snowflake lanterns 31</b> 11:15p-Rena's workout (MB) <b>1:30p- Monthly birthday social</b> 2:30p-BINGO! 3:30p-Snowman candy pots 4:00p-Twin City Bible Study (MB) 4:30p-Wisdom circle</p>	<h1>January 2024</h1> <p><i>Meal Times: 7:30a-Breakfast, 11:30a-Lunch, 5:00p-Dinner</i> <i>Greenhouse/Meadowbrook Activity Calendar</i></p>			

\*All activities are based on IF weather permits, and subject to change\* Please call (217) 344-2144 to contact Landel (ext. 187) or Maria (ext. 114) for questions or concerns ☺