

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November 2023</h1> <p>Meal Times: 7:30a-Breakfast, 11:30a-Lunch, 5:00p-Dinner</p>			<p>9am-Morning Melodies 1 10:30am- Q-tip Autumn craft 1:30p- Kay's Band in Huegy Lounge 2:30p- Phase 10 3:00p-Movie Matinee 4:30p- Wine Down Wednesdays!</p>	<p>9am- Coffee Chat 2 10:30am-Dada Veda: Singing folk songs 1:30p- Monet- inspired water lily pond art 2:30p-Hand massages w/ Tammy 3:00p-Move to the beat! 4:30p-Baking Club</p>	<p>9am-What's on the news? 3 10-10:30a- Clay/Tactile w/ Kristina 1:30p- Music & Movement w/ Rena 3-4:30p-Downtime Binders 6p- Evening Movie</p>	<p>9am- Morning Melodies 4 10:30a- Ind. activities 3-4:30p-Downtime Binders 6p- Evening Movie</p>
<p>8am-Coffee Chat 5 9am- Joel Osteen (LifeTime) 2:30p-Sunday Hymns 3:30p- Cardio Drumming 4:30p-Courtyard Breezes 5:30p-Free hand painting</p>	<p>9am-What's on the news? 6 10:30am-Thankful tree 1:30p-Milkshake Monday w/ Janie from Traditions 2-2:45p- Sing-along w/Kristy 3:00p- Floating marble prints 4:30p-Would you rather?</p>	<p>9am-Morning Melodies 7 10:30am-Craft time w/ Nancy 1:30p- Pool noodle baseball 2:30p-Scarecrow crunch 3:00p-Trivia 4:30p-Tuesday tunes</p>	<p>9am-Coffee Chat 8 10:30am-Van Outing: Country cruise 1:30p-Mani's w/ Maria 2:30p-Caramel apple board 3:00p-Popsicle stick scarecrows 4:30p-Virtual travel video</p>	<p>9am-What's on the news? 9 10:30am- Kay's Band at MB 1:30p-Fall leaf suncatchers 2:30p-1:1's with Tammy 3:00p- Baking Club 4:30p- Veterans Day Recognition</p>	<p>9am- Morning Melodies 10 10-10:30a- Clay/Tactile w/ Kristina 1:30p- Music & Movement w/ Rena 3-4:30p-Downtime Binders 6p- Evening Movie</p>	<p>9am- Coffee Chat 11 10:30a- Ind. activities 3-4:30p-Downtime Binders 6p- Evening Movie</p> <p>Happy Birthday Berta! <small>Veterans Day Remembrance Day (Canada)</small></p>
<p>8am-What's on the news? 12 9am- Joel Osteen (LifeTime) 2:30p-Therapeutic sing-along w/ Beth Williams 3:30p-Watercolor art 4:30p-Tactile Stimulation 5:30p-Group Discussion</p> <p><small>Diwali (Hindi)</small></p>	<p>9am-Morning Melodies 13 10:30am-Oil pastel fall foliage art 1:30p- Autumn centerpieces 2-2:45p- Sing-along w/Kristy 3:00p- Coffee filter turkeys 4:30p-Remote control car racing</p>	<p>9am-Coffee Chat 14 10:30am-Craft Time w/ Nancy 1:30p-Independent activities 2:30p-Movie Matinee 3:00p-Lemonade & Laughter 4:30p-Puzzles and more...</p>	<p>9am-What's on the news? 15 10:30am- Tie knot blankets 1:30p- Courtyard turkey scavenger hunt 2:30p-Autumn tissue paper tree 3:00p- Mani's w/ Maria 4:30p-Wine Down Wednesdays!</p> <p>Happy Birthday JoAnn!</p>	<p>9am-Morning Melodies 16 10:30am- Kay's Band at MB 1:30p-Air dry clay: seed mosaics 2:30p-Hand massages w/ Tammy 3:00p-Scarf Aerobics 4:30p-Baking Club</p>	<p>9am- Coffee Chat 17 10-10:30a- Clay/Tactile w/ Kristina 1:30p- Music & Movement w/ Rena 3-4:30p-Downtime Binders 6p- Evening Movie</p>	<p>9am- What's on the news? 18 10:30a- Ind. activities 3-4:30p-Downtime Binders 6p- Evening Movie</p>
<p>8am-Morning Melodies 19 9am- Joel Osteen (LifeTime) 2:30p-Sunday Hymns 3:30p-Courtyard Breezes 4:30p-Sudoku & Crosswords 5:30p-Rock painting</p>	<p>9am-Coffee Chat 20 10:30am- Sensory Coloring 1:30p- Cardboard acorn craft 2-2:45p- Sing-along w/Kristy 3:00p-Corkscrew pumpkins 4:30p-Table hockey</p>	<p>9am-What's on the news? 21 10:30am-Craft Time w/ Nancy 1:30p-GIANT group coloring poster 2:30-Independent activities 3:00p-Therapy Dog visit 4:30p-Tuesday tunes</p>	<p>9am-Morning Melodies 22 10:30am-Pin the feathers on the TURKEY 1:30p-Mani's w/ Maria 2:30p-Making Homemade Pies 3:00p-Gratitude chain 4:30p-Virtual travel video</p>	<p>9am- Coffee Chat 23 10:30a- Ind. activities 3-4:30p-Downtime Binders 6p- Evening Movie</p> <p><small>Thanksgiving Day (US)</small></p>	<p>9am- What's on the news? 24 10-10:30a- Clay/Tactile w/ Kristina 1:30p- Music & Movement w/ Rena 3-4:30p-Downtime Binders 6p- Evening Movie</p> <p>Happy Birthday Yvette!</p>	<p>9am- Morning Melodies 25 10:30a- Ind. activities 3-4:30p-Downtime Binders 6p- Evening Movie</p>
<p>8am-Coffee Chat 26 9am-Joel Osteen (LifeTime) 2:30p- "Holiday Baubles" in the AC 3:30p-Independent activities 4:30p-Trivia 5:30p-Group Discussion</p>	<p>9am-What's on the news? 27 10:30am-Chair volleyball 1:30p- Leaf owls 2-2:45p- Sing-along w/Kristy 3:00p-Parachute ball 4:30p-Tea time!</p>	<p>9am-Morning Melodies 28 10:30am-Kay's Band: "Everything but the kitchen sink" at GHH 1:30p-Independent activities 2:30p-Tape resist Autumn art 3:00p-B!NGO 4:30p-Puzzles and more...</p>	<p>9am-Coffee Chat 29 10:30am-Church service & songs w/ Jon Norris 1:30p-Van Outing 2:30-Mani's w/ Maria 3:00p-Funky collage art 4:30p-Wine Down Wednesdays!</p>	<p>9am-What's on the news? 30 10:30am- Kay's Band at MB 1:30p-Individual activities 2:30p-1:1's with Tammy 3:00p-Chair Zumba 4:30p-Baking Club</p>	<p>West & East Green House activity calendar</p> <p>*All activities are based on IF weather permits, and subject to change*</p> <p>Please contact Landel for questions or concerns at (217) 344-2144 ext. 187</p>	